

Pl	Startnr	Namn	Tid	1 (43)	2 (33)	3 (34)	4 (41)	5 (39)	6 (37)	7 (32)	8 (36)	9 (35)	M
2 - Svår (25) 3100 m													
1	26	Petter Gustavsson Runes OK	22:31	1:12 1:12	4:59 3:47	6:50 1:51	11:48 4:58	12:50 1:02	15:54 3:04	18:37 2:43	20:40 2:03	21:53 1:13	22:31 0:38
2	11	Gunnar Frostfeldt Runes OK	24:14	1:21 1:21	6:02 4:41	8:11 2:09	12:09 3:58	13:26 1:17	17:04 3:38	20:05 3:01	22:13 2:08	23:33 1:20	24:14 0:41
3	24	Stellan Ahnström Runes OK	27:12	1:38 1:38	6:56 5:18	9:03 2:07	13:41 4:38	14:58 1:17	19:25 4:27	22:20 2:55	24:52 2:32	26:25 1:33	27:12 0:47
4	12	Emil Gustavsson Runes OK	27:18	2:05 2:05	6:58 4:53	9:03 2:05	14:16 5:13	15:36 1:20	19:43 4:07	22:53 3:10	25:27 2:34	26:38 1:11	27:18 0:40
5	21	Oskar Larsson Runes OK	27:43	1:39 1:39	7:56 6:17	10:04 2:08	15:17 5:13	16:32 1:15	21:13 4:41	23:46 2:33	25:49 2:03	27:03 1:14	27:43 0:40
6	7	Peter Claesson Runes OK	27:49	1:45 1:45	6:36 4:51	8:43 2:07	14:07 5:24	15:34 1:27	19:42 4:08	23:15 3:33	25:35 2:20	27:06 1:31	27:49 0:43
7	17	Göran Gustavsson Runes OK	28:27	1:28 1:28	8:29 7:01	10:45 2:16	16:18 5:33	17:35 1:17	21:17 3:42	23:58 2:41	26:19 2:21	27:46 1:27	28:27 0:41
8	14	Sofia Nayström Runes OK	28:34	1:33 1:33	7:43 6:10	10:53 3:10	15:16 4:23	16:42 1:26	20:35 3:53	23:57 3:22	26:29 2:32	27:49 1:20	28:34 0:45
9	16	Sara Larsson Runes OK	28:49	1:46 1:46	9:08 7:22	11:31 2:23	17:34 6:03	18:34 1:00	22:23 3:49	24:52 2:29	27:06 2:14	28:12 1:06	28:49 0:37
10	6	Alf Olsson Runes OK	28:54	1:59 1:59	7:31 5:32	10:05 2:34	15:16 5:11	16:44 1:28	20:56 4:12	24:20 3:24	26:38 2:18	28:11 1:33	28:54 0:43
11	22	Mats Birgersson Runes OK	29:21	2:07 2:07	7:25 5:18	9:59 2:34	15:40 5:41	17:14 1:34	21:10 3:56	24:26 3:16	26:59 2:33	28:36 1:37	29:21 0:45
12	25	Elisabet Nayström-Lars Runes OK	32:15	1:53 1:53	7:04 5:11	9:53 2:49	16:34 6:41	18:01 1:27	22:11 4:10	25:52 3:41	28:19 2:27	31:25 3:06	32:15 0:50
13	10	Rolf Nilsson Runes OK	35:13	1:56 1:56	8:08 6:12	11:27 3:19	17:16 5:49	19:09 1:53	25:46 6:37	29:53 4:07	32:39 2:46	34:21 1:42	35:13 0:52
14	20	Annelie Forsmark Runes OK	36:35	2:25 2:25	9:09 6:44	11:56 2:47	18:30 6:34	20:22 1:52	26:26 6:04	30:23 3:57	33:50 3:27	35:40 1:50	36:35 0:55
15	19	May-Sofie Olsson Runes OK	38:02	3:14 3:14	10:03 6:49	13:14 3:11	19:50 6:36	21:52 2:02	27:34 5:42	31:54 4:20	34:25 2:31	37:12 2:47	38:02 0:50
16	18	Yvonne Nilsson Runes OK	38:33	2:16 2:16	8:11 5:55	12:48 4:37	20:30 7:42	22:47 2:17	28:47 6:00	32:50 4:03	35:20 2:30	37:42 2:22	38:33 0:51
17	23	Karin Frostfeldt-Gusta Runes OK	40:11	2:32 2:32	8:48 6:16	12:24 3:36	19:53 7:29	22:23 2:30	28:44 6:21	33:37 4:53	36:43 3:06	38:40 1:57	40:11 1:31
18	9	Klas Holmgren Runes OK	40:55	2:21 2:21	10:15 7:54	13:49 3:34	19:43 5:54	21:53 2:10	28:13 6:20	32:08 3:55	38:11 6:03	40:14 2:03	40:55 0:41
19	28	Dag Köllerström Runes OK	41:08	2:22 2:22	11:09 8:47	15:29 4:20	23:58 8:29	25:53 1:55	31:12 5:19	35:13 4:01	38:28 3:15	40:18 1:50	41:08 0:50
20	5	Sandra Claesson Runes OK	43:16	3:07 3:07	9:01 5:54	11:55 2:54	23:00 11:05	25:26 2:26	32:06 6:40	36:42 4:36	40:18 3:36	42:31 2:13	43:16 0:45
21	4	Rohnny Andersson Runes OK	44:22	3:15 3:15	11:06 7:51	15:23 4:17	23:42 8:19	26:39 2:57	32:48 6:09	37:31 4:43	41:04 3:33	43:25 2:21	44:22 0:57
22	13	Inger Frostfeldt Runes OK	46:49	2:47 2:47	12:16 9:29	15:34 3:18	22:26 6:52	24:48 2:22	31:33 6:45	39:52 8:19	43:37 3:45	45:43 2:06	46:49 1:06
23	27	Ann-Marie Birgersson Runes OK	48:39	2:29 2:29	14:26 11:57	18:28 4:02	30:08 11:40	32:23 2:15	37:46 5:23	42:40 4:54	45:47 3:07	47:42 1:55	48:39 0:57
24	8	Alf Henriksson Runes OK	1:01:40	3:28 3:28	17:25 13:57	21:56 4:31	32:36 10:40	35:41 3:05	44:13 8:32	51:03 6:50	55:48 4:45	1:00:15 4:27	1:01:40 1:25
25	15	Gullvi Henriksson Runes OK	1:01:43	3:25 3:25	17:18 13:53	22:01 4:43	32:41 10:40	35:49 3:08	44:03 8:14	51:08 7:05	56:07 4:59	1:00:13 4:06	1:01:43 1:30

1 - Lätt (2)

2800 m

		1 (31)	2 (40)	3 (34)	4 (44)	5 (41)	6 (38)	7 (42)	8 (35)	M	
1	30 Stina Frostfeldt Runes OK	31:27	2:57	7:14	9:23	15:34	17:04	21:26	28:07	30:47	31:27
			2:57	4:17	2:09	6:11	1:30	4:22	6:41	2:40	0:40
2	29 Julia Nayström Runes OK	44:06	15:42	18:56	22:24	27:24	28:58	32:40	40:35	43:14	44:06
			15:42	3:14	3:28	5:00	1:34	3:42	7:55	2:39	0:52