

Officiell resultatlista för Gällstad, medel

Tävlingens namn: Gällstad, medel

Arrangörsorganisation: Gällstadbygdens SOK

Datum: lördag 11 maj 2019

D70

2 600 m, 8 startande

| Plac | Namn | Organisation | Tid | Diff | Km-tid | R |
|------|--------------------|---|---------|--------|--------|----------|
| 1 | Lena Barkestam | IK Hakarpspojarna | 38:31 | | 14:48 | |
| 2 | Inger Holmstrand | Herrljunga SK Skid o OL | 42:13 | +3:42 | 16:14 | |
| 3 | Linnea Claesson | Rydboholms SK | 44:15 | +5:44 | 17:01 | |
| 4 | Märtha Lundh | Svenljunga OK | 52:08 | +13:37 | 20:03 | |
| 5 | Barbro Börjeson | OK Skogshjortarna | 59:41 | +21:10 | 22:57 | |
| 6 | Birgitta Johansson | OK Tranan | 1:00:50 | +22:19 | 23:23 | |
| 7 | Kristina Johansson | Mullsjö SOK | 1:06:35 | +28:04 | 25:36 | |
| 8 | Gerd Wallin | Jönköpings OK | 1:06:49 | +28:18 | 25:41 | |
| | May-Sofie Olsson | Forserums SOK | | | | ej start |

H70

3 360 m, 21 startande

| Plac | Namn | Organisation | Tid | Diff | Km-tid | R |
|------|----------------------|-----------------------------------|-------|--------|--------|------------|
| 1 | Rune Larsson | OK Skogshjortarna | 30:24 | | 9:02 | |
| 2 | Carl-Henry Andersson | OK Orinto | 32:15 | +1:51 | 9:35 | |
| 3 | Christer Sandh | OK Roxen | 32:32 | +2:08 | 9:40 | |
| 4 | Ingemar Gustafsson | Bottnaryds IF | 35:22 | +4:58 | 10:31 | |
| 5 | Kjell-Åke Nilsson | Ulricehamns OK | 36:05 | +5:41 | 10:44 | |
| 6 | Olle Adolfsson | Lerums SOK | 36:19 | +5:55 | 10:48 | |
| 7 | Staffan Dittmer | IK Hakarpspojarna | 36:42 | +6:18 | 10:55 | |
| 8 | Stellan Ahnström | Forserums SOK | 38:11 | +7:47 | 11:21 | |
| 9 | Roland Boman | Ulricehamns OK | 38:40 | +8:16 | 11:30 | |
| 10 | Benny Ivarsson | Fjärås AIK | 40:35 | +10:11 | 12:04 | |
| 11 | Kurt Johansson | OK Gisle | 41:07 | +10:43 | 12:14 | |
| 12 | Jonas Larsson | OK Kullingshof | 41:25 | +11:01 | 12:19 | |
| 13 | Sölve Andersson | Bredaryds SOK | 42:12 | +11:48 | 12:33 | |
| 14 | Bengt Sörensen | Jönköpings OK | 44:31 | +14:07 | 13:14 | |
| 15 | Torbjörn Blomqvist | Jönköpings OK | 44:34 | +14:10 | 13:15 | |
| 16 | Rune Eliasson | Falkenbergs OK | 46:13 | +15:49 | 13:45 | |
| 17 | Ronny Ragnarsson | Markbygdens OK | 49:08 | +18:44 | 14:37 | |
| 18 | Bill Schölin | Tockarps IK | 50:27 | +20:03 | 15:00 | |
| 19 | Gösta Claesson | Rydboholms SK | 53:46 | +23:22 | 16:00 | |
| 20 | Kent Olausson | OK Orinto | 56:28 | +26:04 | 16:48 | |
| | Anders Axelsson | Sävedalens AIK | | | | ej godkänd |
| | Johnny Gustafsson | Gamleby OK | | | | ej start |
| | Torbjörn Wikström | OK Orinto | | | | ej start |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | R |
|------|-----------------|----------------------------|----------|------|--------|---|
| | Kjell Andersson | OK Reftele | ej start | | | |

H75

3 330 m, 23 startande

| Plac | Namn | Organisation | Tid | Diff | Km-tid | R |
|------|--------------------|-------------------------------------|------------|--------|--------|---|
| 1 | Kalle Johansson | OK Skogshjortarna | 32:34 | | 9:46 | |
| 2 | Kenneth Ivehag | Främmestads IK | 36:31 | +3:57 | 10:57 | |
| 3 | Lars Johansson | OK Skogshjortarna | 40:16 | +7:42 | 12:05 | |
| 4 | Dag Lorén | OK Frisene | 42:32 | +9:58 | 12:46 | |
| 5 | Ingemar Lindblom | OK Orinto | 43:05 | +10:31 | 12:56 | |
| 6 | Åke Gatelid | OK Skogshjortarna | 44:14 | +11:40 | 13:16 | |
| 7 | Bengt Olsson | Markbygdens OK | 48:48 | +16:14 | 14:39 | |
| 8 | Ronny Andersson | OK Skogshjortarna | 49:05 | +16:31 | 14:44 | |
| 9 | Lars-Olof Lannfelt | OK Skogshjortarna | 49:19 | +16:45 | 14:48 | |
| 10 | Gunnar Wallin | Jönköpings OK | 49:37 | +17:03 | 14:53 | |
| 11 | Sven Erik Sjöholm | Mullsjö SOK | 51:08 | +18:34 | 15:21 | |
| 12 | Bo Gustafsson | OK Gränsen | 51:35 | +19:01 | 15:29 | |
| 13 | Gunnar Andersson | IK Vista | 53:04 | +20:30 | 15:56 | |
| 14 | Hans Karlsson | OK Orinto | 53:19 | +20:45 | 16:00 | |
| 15 | Alf Olsson | Forserums SOK | 53:22 | +20:48 | 16:01 | |
| 16 | Rune Gunnarsson | Nässjö OK | 54:37 | +22:03 | 16:24 | |
| 16 | Lars Fransson | Bottnaryds IF | 54:37 | +22:03 | 16:24 | |
| 18 | Rolf Gabrielsson | Falköpings AIK OK | 56:19 | +23:45 | 16:54 | |
| 19 | Lars-Åke Larsson | OK Tranan | 58:52 | +26:18 | 17:40 | |
| 20 | Kenneth Rosén | Göteborg-Majorna OK | 59:54 | +27:20 | 17:59 | |
| 21 | Ingmar Eriksson | Falkenbergs OK | 1:08:29 | +35:55 | 20:33 | |
| 22 | Toivo Voudinmäki | Mullsjö SOK | 1:17:34 | +45:00 | 23:17 | |
| | Lars-Åke Claesson | Skillingaryds FK | ej godkänd | | | |

H80

2 600 m, 11 startande

| Plac | Namn | Organisation | Tid | Diff | Km-tid | R |
|------|--------------------|-------------------------------------|------------|--------|--------|---|
| 1 | Rune Ahlander | Jönköpings OK | 37:48 | | 14:32 | |
| 2 | Johan Jansson | Växjö OK | 40:52 | +3:04 | 15:43 | |
| 3 | Per Larsson | Jönköpings OK | 43:25 | +5:37 | 16:41 | |
| 4 | Sten Hjelm | OK Tranan | 44:50 | +7:02 | 17:14 | |
| 5 | Peo Bengtsson | OK Pan-Kristianstad | 46:07 | +8:19 | 17:44 | |
| 6 | Bernt Johansson | OK Gisle | 46:19 | +8:31 | 17:48 | |
| 7 | Kurt Rydin | OK Tranan | 54:29 | +16:41 | 20:57 | |
| 8 | Mats Birgersson | Forserums SOK | 1:00:31 | +22:43 | 23:16 | |
| 9 | Per-Hugo Lundgren | Lerums SOK | 1:18:20 | +40:32 | 30:07 | |
| | John-Erik Eriksson | Jönköpings OK | ej godkänd | | | |
| | Sigvard Rudolfsson | OK Gisle | ej godkänd | | | |